

2026 Mental Health and Wellbeing Grants

Form Preview

Instructions

Before you start your application

Make sure you:

- Read the [2026 Mental Health and Wellbeing Grants Guidelines](#)
- Before commencing your application, ensure your organisation meets the mandatory eligibility requirement outlined in the Guidelines.
- Register for the [Briefing Session](#) held via Microsoft Teams (link provided below)
- Familiarise yourself with the Mandatory Requirements information on the next page
- Download and complete a [Budget Proposal](#) using the template provided on the Queensland Mental Health Commission website.
- Download and complete the [Sustainability Plan](#) using the template provided on the Queensland Mental Health Commission website.

An online briefing session will be held via Microsoft Teams on Wednesday 5 August 2026 at 9:30am AEST; [please click here to register for the session](#). Attendance is encouraged but not mandatory.

Complete all fields in the application form and upload a completed copy of your Budget Proposal, Sustainability Plan, and other supporting documents BEFORE you submit your final application form.

Applications open at 10:00am on Wednesday 29 July 2026.

Applications close at 4:00pm on Friday 28 August 2026.

Once an application has been submitted, it cannot be changed. The submitted application will be the version that is assessed by the assessment panel.

Late applications will not be accepted.

For any technical queries please contact the Senior Business Support Officer (Procurement and Grants) on 07 3244 9214 or email pandf@qmhc.qld.gov.au

Mandatory Requirements

Please review the following mandatory requirements carefully before submitting your application.

Applications that do not meet all mandatory requirements outlined in this section will not be eligible for assessment.

Children and young people, and their families, carers and kin

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The Grants will support initiatives that strengthen mental health and wellbeing outcomes for children and young people and their families, carers and kin in rural and remote Queensland.

Applications may support all children and young people and their families, carers and kin, or be specifically designed for Aboriginal and Torres Strait Islander children and young people and their families, carers and kin. Initiatives should demonstrate how they respond to local needs and strengthen protective factors that support positive mental health and wellbeing outcomes in that community.

Rural and remote focus

The Grants' focus is on initiatives delivered in rural and remote Queensland communities, defined as MMM categories 3 to 7.

Applicants must identify the rural or remote location/s where the proposed initiative will be delivered and provide evidence that the proposed location/s meet MMM categories 3 to 7. Applicants may use the [Australian Government Health Workforce Locator](#) to confirm the MMM category of the proposed location/s.

Applicants are not required to have their head office in an MMM 3 to 7 location. However, they must provide evidence that demonstrates an existing footprint and trusted relationships in the target rural or remote community/communities.

Applicants **must** provide **no more than two** documents as evidence to demonstrate they have:

- Established service delivery in the proposed rural or remote community/communities.
- Existing local partnerships or formal collaboration arrangements.
- Trusted relationships with one or more of: local community organisations, local councils, Aboriginal and Torres Strait Islander organisations, service providers, schools, community hubs, libraries or other local infrastructure.
- Demonstrated local knowledge, community connection and capacity to deliver in the target community or communities.
- Evidence of previous or current activity that benefits the proposed rural or remote community/communities.

Partnership approach

The Commission recognises that improving mental health and wellbeing requires strong partnerships across government, communities, service systems, business, industry and local networks. Applicants must demonstrate how their proposed initiative will work through established partnerships to support delivery, reach, sustainability and impact.

Eligible partners may include, but are not limited to:

- local governments, including First Nations councils
- Primary Health Networks (PHNs)
- Aboriginal and Torres Strait Islander Community Controlled Organisations
- schools, universities, libraries, Indigenous Knowledge Centres, child and family hubs, community hubs and neighbourhood centres
- local community organisations, peak bodies, sector networks, social enterprises, volunteer organisations and service providers
- existing rural and remote networks and community infrastructure.

Applicants can provide **up to two** letters of commitment, partnership evidence or other documentation confirming partner roles, contributions and support for the proposed initiative.

Lived-living experience engagement

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The Commission recognises the importance of lived and living experience (LLE) in informing, guiding and leading the reform of the mental health system. The Commission considers it critical that people with LLE are actively involved in the proposed initiative's development, implementation and evaluation. For the purposes of these Grants, the Commission defines a person with LLE as:

- having a direct personal experience of mental health challenges and/or AOD concerns,
- being a family member, carer or support person, if they have regularly provided unpaid care or support for a person living with mental health challenges and/or AOD concerns, and/or
- having experienced suicidal thoughts, survived a suicide attempt, cared for someone who has attempted suicide, been bereaved by suicide, or been touched by suicide in another way.

The approach must align with the values outlined in the Commission's [Commitment to partnering with people with lived-living experience in Queensland](#) and use non-stigmatising, trauma-informed language and approaches.

The Commission believes that providing financial remuneration is an important part of recognising the valuable contribution that people with LLE bring. As such, the Commission expects the successful grant recipients to manage the participation payments in accordance with the [Commission's paid participation fees](#) unless the applicant can demonstrate that its own paid participation policy offers the same or better conditions.

Applications need to outline how people with LLE will be engaged in program design, implementation and evaluation including a budget line item for all paid participation expenses.

Application structure, evidence requirements, and reportable outputs and outcomes

Information provided in the application will form the basis of reportable outputs and outcomes for the program. Applicants should ensure proposed activities clearly demonstrate alignment with these requirements and can be measured and reported proportionately.

Evidence-based/evidence informed and evidence-generating initiatives

Proposed initiatives must be based on, or informed by, existing and/or emerging evidence and should demonstrate how they will contribute to strengthening the evidence base for mental health promotion and prevention in Queensland.

Evidence given to support an application may be in the form of published academic papers or reports, documented evaluations of similar programs and so on.

Applicants must describe:

- the rationale for the initiative
- the need or opportunity it addresses
- how the approach is appropriate for the target rural and remote community or communities.

This may include building on existing effective approaches, adapting proven models to rural and remote contexts, testing promising practice, or strengthening local systems, partnerships and community infrastructure.

Where appropriate, applicants should describe how the initiative is expected to contribute to broader systems improvement.

Applications must also outline how outcomes will be measured and evaluated in a way that is proportionate to the size, cost and complexity of the initiative. This includes:

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- intended outputs and outcomes
- proposed evaluation approach
- any anticipated evaluation products, findings, or learnings.

Successful applicants will be required to participate in monitoring, evaluation and learning activities as part of the broader Package. This may include working with the Commission and/or an appointed evaluator to provide proportionate outcome data, implementation insights, case studies, and learnings to support continuous improvement and inform future investment.

Sustainability

Grant funding is non-recurrent and must be expended by the contract end date. The Commission is unable to provide ongoing funding beyond the grant period.

Applications must outline a sustainability plan describing how the initiative, its outputs, and outcomes will continue to benefit the community beyond the funding period. This may include:

- embedding activities within existing systems, services, or community infrastructure
- scaling or adapting the approach to other rural and remote communities
- sharing learnings to inform future policy, practice, or investment.

The sustainability approach should be proportionate to the size, cost, and complexity of the initiative and should include clear mechanisms for ongoing learning, monitoring, and continuous improvement during and, where applicable, beyond the funding period.

Applicants must submit a **Sustainability Plan** by using the template available to download from SmartyGrants.

Authorisation to submit an application

* indicates a required field

As the authorised representative of the organisation applying for a Mental Health and Wellbeing Grant, I can confirm that:

I have read and understand all requirements of applying for the 2026 Mental Health and Wellbeing Grants against the Grant Guidelines; and

the organisation must:

- have a registered Australian Business Number (ABN) and be registered for GST purposes, where relevant
- be a legally constituted organisation primarily based in Queensland
- deliver programs, services or activities that primarily benefit Queensland communities
- hold governance, decision-making responsibilities or operational oversight within Queensland
- demonstrate an existing footprint in the rural and remote community/communities where the initiative will be delivered, as outlined in section 3.2

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- hold or will obtain the appropriate workers' compensation, public liability and professional indemnity insurance required to undertake this initiative and all related activities
- have no outstanding financial liability, service delivery or performance issues for funding previously and/or currently provided by the Queensland Government
- not have received funding from another Queensland Government organisation for the same proposed initiative within the same delivery timeframe.

I *

- ☐ Agree to the above statement

As the authorised representative of the organisation applying for a 2026 Mental Health and Wellbeing Grant, I confirm that the organisation will not use grant money for:

- activities that do not align with the Grants objectives
- activities delivered outside Queensland
- clinical mental health and AOD services
- activities that are already funded through another source. For example, you cannot expend against two funding sources for the same activity (sometimes referred to as 'double dipping')
- activities that duplicate existing programs, initiatives, products or services in the same location
- recurrent or retrospective funds, including enhancements to existing work or initiatives; reimbursement of costs already incurred or expended; and any component of the initiative or related activities that have taken place prior to the application being approved, will not be eligible for funding
- salaries or wages for staff not engaged in direct delivery of the funded activity
- activities that are for-profit without social investment or impacts
- interstate or overseas travel
- general operational expenses and products, including rent, electricity and utilities
- purchasing or repair of equipment and depreciable items not related to the funded initiative
- recurring maintenance or operational costs of the organisation or their facilities
- activities that involve lobbying or commercial ventures for personal gain or fundraising activities, including the promotion of AOD use or product endorsement and gambling
- major capital works or upgrades to existing infrastructure
- cash prizes
- purchase/lease/registration of motor vehicles
- activities that cannot be covered by public liability insurance.

I *

- ☐ Agree with the above statement

Organisation Details

* indicates a required field

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Organisation name *

Organisation Name

Organisation Website *

Must be a URL.

If a website is not possible, any form of online presence can be provided here

Applicant Organisation Status *

- | | |
|--|--|
| ☐ Incorporated not-for-profit organisation | ☐ Aboriginal and Torres Strait Islander community-controlled organisation |
| ☐ Peer-led organisation | ☐ Peak body, sector alliance or network |
| ☐ Local government (including Aboriginal and Torres Strait Islander local councils) | ☐ Social enterprise or community development organisation |
| ☐ Primary Health Network (PHN) | ☐ Other: <input type="text"/> |

Please provide details on your organisation's status, not-for-profit objectives and/or social purpose basis *

Is your organisation a legally constituted organisation primarily based in Queensland *

- ☐ Yes ☐ No

Does your organisation deliver programs, services or activities that primarily benefit Queensland communities *

- ☐ Yes ☐ No

Does your organisation hold governance, decision-making responsibilities or operational oversight within Queensland *

- ☐ Yes ☐ No

ABN *

The ABN provided will be used to look up the following information. Click Lookup above to check that you have entered the ABN correctly.

Information from the Australian Business Register	
ABN	
Entity Name	
ABN Status	
Entity Type	
Goods & Services Tax (GST)	
DGR Endorsed	
ATO Charity Type	More information

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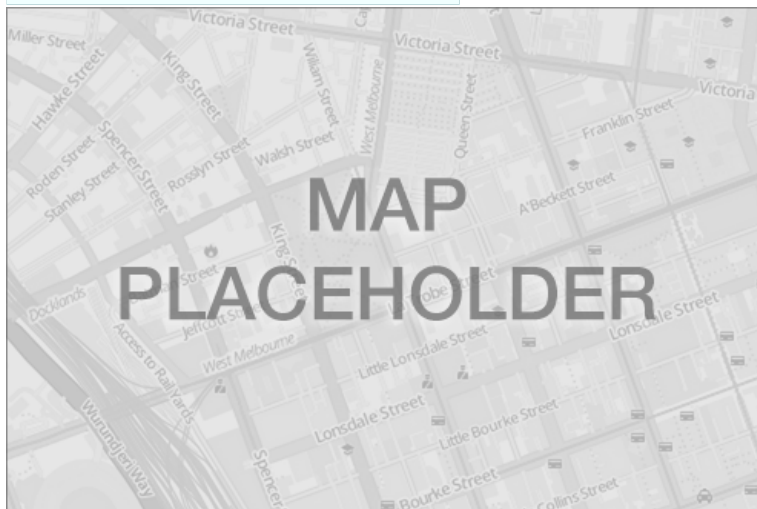
ACNC Registration
Tax Concessions
Main Business Location

Must be an ABN.

QMHC Eftsure Vendor Number (if known)

Organisation's Physical Address *

Address



Address Line 1, Suburb/Town, State/Province, Postcode, and Country are required.

If located interstate, does the Organisation have an office located in Queensland? *

If yes, please provide the address

Please list all Queensland Government funding received by your organisation over the past two financial years that relates to mental health, wellbeing, suicide prevention or alcohol and other drugs, including the funding agency, program name, funding amount and purpose *

If none, please type Nil

Financial Information

* indicates a required field

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A total funding pool of up to \$1,500,000 (excluding GST) is available for this Grants round.

Grants of between \$200,000 and \$300,000 (excluding GST) are being offered, per application to be expended by 30 September 2028. Applicants can only submit **one application**.

If any application exceeds the maximum funding amount or timeframe it must identify other funding sources for the balance, or they will not be considered.

Applicants **must** include a proposed budget, using the template linked in SmartyGrants and available on the Commission website <https://www.qmhc.qld.gov.au/documents/budgetproposaltemplatexlsx-0>

The Grant will commence on the execution of a Contract between the successful applicant and the Commission and will be subject to the specific grants requirements. The timeframe outlined in the application is expected to include appropriate time allocated for the development, implementation, and evaluation of the program up to the end of 2028 from the execution of the Contract. Contracts are anticipated to be executed for project commencement by end of 2026.

Total funding sought (\$ amount excluding GST) *

This round is open for requests between \$200,000.00 and \$300,000.00 per application (excluding GST)

Upload Budget proposal template *

Attach a file:

Please ensure you upload a copy of your COMPLETED file.

Applicant Details

* indicates a required field

Applicant details

Applicant *

Title

First Name

Last Name

Preferred pronouns

i.e. He/Him, She/Hers, They/Them etc

Applicant position of employment within the organisation *

Applicant Primary Phone Number *

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Must be an Australian phone number.

Applicant Primary Email *

Must be an email address.

Proposed Initiative Details and Mandatory Criteria Responses

*** indicates a required field**

Initiative overview

Applicants must demonstrate how their initiative contributes to the following objectives:

- - Strengthen evidence-informed mental health promotion and prevention approaches that improve mental health and wellbeing for children and young people, and their families, carers and kin, including First Nations children and young people, and their families, carers and kin in rural and remote Queensland.
 - Strengthen and build on existing capability, partnerships, community infrastructure and protective factors that support sustainable mental health and wellbeing outcomes.
 - Generate practical evidence, learning and systems improvements to inform future mental health promotion and prevention policy, practice and investment, and support sustainable outcomes beyond the funding period.

Applications must align with the objectives of the Grants and remain within the scope of mental health promotion and prevention.

Initiative title *

Be sure to provide the actual name of the proposed initiative.

Please provide a brief overview of your initiative and the change it will achieve *

Word count:

Mandatory Criteria Responses

Which population does your initiative primarily focus on? *

- ☐ Initiatives that strengthen mental health and wellbeing outcomes for children and young people and their families, carers and kin in rural and remote Queensland
- ☐ Initiatives that strengthen mental health and wellbeing outcomes for Aboriginal and Torres Strait Islander children and young people and their families, carers and kin in rural and remote Queensland

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Which Modified Monash Model region/s will the proposed initiative be delivered in? *

- ☐ MM3 - Large rural towns
- ☐ MM4 - Medium rural towns
- ☐ MM5 - Small rural towns
- ☐ MM6 - Remote communities
- ☐ MM7 - Very remote communities

Please list the partnership organisations *

Word count:

Document 1 - Evidence of Partnership *

Attach a file:

Documents such as a partnership agreement, letter of commitment, or evidence of previous collaboration may be used as evidence

Document 2 - Evidence of Partnership

Attach a file:

Documents such as a partnership agreement, letter of commitment, or evidence of previous collaboration may be used as evidence

I acknowledge that, if successful, the initiative will align with the Commission's Commitment to partnering with people with lived-living experience in Queensland and use non-stigmatising, trauma-informed language and approaches. *

- ☐ Yes ☐ No

The Commissions Commitment to partnering with people with lived-living experience can be found here: https://www.qmhc.qld.gov.au/sites/default/files/qmhc_lle_commitment_accessible.pdf

Sustainability Plan *

Attach a file:

Rural and Remote Focus

The Grants' focus is on initiatives delivered in rural and remote Queensland communities, defined as MMM categories 3 to 7.

Applicants must identify the rural or remote location/s where the proposed initiative will be delivered and provide evidence that the proposed location/s meet MMM categories 3 to 7. Applicants may use the [Australian Government Health Workforce Locator](#) to confirm your location.

Applicants are not required to have their head office in an MMM 3 to 7 location. However, they must provide evidence that demonstrates an existing footprint and trusted relationships in the target rural or remote community/communities.

Applicants **must** provide **no more than two** documents as evidence to demonstrate they have:

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- Established service delivery in the proposed rural or remote community/communities.
- Existing local partnerships or formal collaboration arrangements.
- Trusted relationships with one or more of: local community organisations, local councils, Aboriginal and Torres Strait Islander organisations, service providers, schools, community hubs, libraries or other local infrastructure.
- Demonstrated local knowledge, community connection and capacity to deliver in the target community or communities.
- Evidence of previous or current activity that benefits the proposed rural or remote community/communities.

File 1 - Evidence of Rural and Remote Focus *

Attach a file:

File 2 - Evidence of Rural and Remote Focus

Attach a file:

Criteria Responses

* indicates a required field

Selection Criteria

The Commission is not evaluating grants on the sole criterion of price. Pricing is not a weighted criterion but will form part of a broader value for money assessment. The evaluation process will involve an assessment of applications received against the criteria listed below:

Selection criteria 1 (30%). Mental health promotion and prevention approach

Selection criteria 2 (30%). Partnerships and collaboration

Selection criteria 3 (20%). Organisational capability and capacity

Selection criteria 4 (20%). Outcomes, impact and sustainability

Selection Criteria 1 - Mental Health Promotion and Prevention Approach - (30%)

Responses must demonstrate all of the following:

- how the initiative applies evidence-informed mental health promotion and prevention approaches, for children and young people, and their families, carers and kin in a rural and/or remote location (MMM 3-7 areas, refer to section 3.2.2)
- an evidence-informed rationale demonstrating why the proposed approach is appropriate to address the identified need/s
- evidence of local need, community demand and/or identified gaps, supported by data, community knowledge, research or emerging evidence
- how the proposed methodology, activities and milestones will achieve the intended outputs, outcomes and impacts.

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Applicants response to Criteria 1 *

Word count:

Must be no more than 500 words.

Selection Criteria 2 - Partnerships and Collaboration - (30%)

Responses must demonstrate all of the following:

- how the initiative strengthens and builds on existing community strengths, capability, community infrastructure, partnerships, and protective factors
- how the initiative will work through established partnerships to support delivery, reach, sustainability and impact
- how people with lived-living experience and relevant community members and cultural leaders will be engaged in the development, implementation and evaluation of the initiative, including paid participation for people with LLE where appropriate

Applicants response to Criteria 2 *

Word count:

Must be no more than 500 words.

Selection Criteria 3 - Organisational Capability and Capacity - (20%)

Responses must demonstrate all of the following:

- organisational capability and experience delivering comparable initiatives
- capability to develop, strengthen and maintain effective working relationships with partners and key stakeholders
- delivery readiness, including appropriate governance, project management capability, staffing and risk management arrangements
- capability to monitor, measure, evaluate and report on the initiative and its outcomes.

Applicants response to Criteria 3 *

Word count:

Must be no more than 300 words.

Selection Criteria 4 - Outcomes, Impact and Sustainability - (20%)

Responses must demonstrate all of the following:

- expected mental health and wellbeing outcomes and broader community benefits, and contribution to systems improvement
- how the initiative will generate practical evidence, shared learning and systems improvements to inform future mental health promotion and prevention policy, practice and investment

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- potential for sustainable impact, including a proportionate sustainability plan that demonstrates how the initiative, its outputs and outcomes can be sustained, scaled, adapted or shared beyond the funding period
- value for money, including the ability to deliver high-quality outputs and outcomes within the proposed budget and timeframes.

Applicants response to Criteria 4 *

Word count:

Must be no more than 300 words.

References

References may be provided with your application; however, this is not mandatory. If references are provided, the Commission may contact referees at its discretion

Referee 1

Title First Name Last Name

Referee 1 Position

Referee 1 Primary Phone Number

Must be an Australian phone number.

Referee 1 Primary Email

Must be an email address.

Reasoning for including this Referee

Referee 2

Title First Name Last Name

Referee 2 Position

Referee 2 Primary Phone Number

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Must be an Australian phone number.

Referee 2 Primary Email

Must be an email address.

Reasoning for including this Referee

Certification and submission

* indicates a required field

As the authorised representative, I confirm that this application meets the above eligibility requirements and is complete, including all required supporting documentation *

☐ Yes

I certify to the best of my knowledge that the statements made within this application (including the uploaded budget proposal) are true and correct *

☐ Yes

I understand that if the applicant organisation is approved, we will be required to accept the terms and conditions of the grant as outlined in the contract. *

☐ Yes